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Friends of the Cape Coral Library

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President's Letter

Dear Friends,

If anyone has any doubts that our organization is comprised of some real troopers, the past several months should prove it. First we had to find another site for our November general membership meeting while new flooring was being installed in the library. Luckily our members were willing to trek on over to the alternate location, so we still had a good turnout. The January general meeting was particularly memorable. We all arrived at the library to set up at 9:00 AM sharp only to find that the building was closed due to a power failure! We ended up holding an open air meeting under the covered patio area in front of the main doors. Thank you to all the steadfast members who stuck around that morning.

Please don't forget our annual membership meeting scheduled for March 26 in the large meeting room of the library. Coffee, snacks and social time begin at 9:30 AM with the business portion starting at 10:00. Our VP Crystal Revak has arranged for a presentation called.

"Oh the Way You'll Feel: Nutrition and Exercise Habits", and the special speaker is Harry Gaines, the author of [Fitness Beyond 50](#).

Please be sure to renew your membership for 2016, if you haven't done so already. Any current members whose renewals are due will be mailed a notice shortly. The annual dues for individuals are \$15, and this includes your family. You can use the application on the back of this newsletter, put a mark next to "Renewal" and mail it with a check to Friends of the Cape Coral Library, PO Box 152471, Cape Coral, FL 33915. Or you can go to www.CapeFriends.org (Click on the "Memberships" tab) and pay your renewal dues through Visa, MasterCard, Discover, Amex and eChecks via PayPal.

As always, I look forward to seeing you at our meetings and at the many wonderful library programs and events we sponsor.

Yours Truly,

Monica Rahman, President
Friends of the Cape Coral Library

FOCCL Spring Luncheon on Saturday, May 7 at House of Omelets in Cape Coral - \$15 per Person, Inclusive

By Crystal Revak

Please see the flyer in this edition of the "Accents" newsletter for details and reservation information on the Friends of the Cape Coral Library Spring Luncheon. Enjoy a delicious lunch, good company and prizes. The \$15 price includes one of five menu options, soft drink/coffee, tax and tip. You're

welcome to bring guests; just be sure to submit payment for each person by the April 30th deadline. We hope to see you there! Again, please see the flyer. If you have any questions, call Crystal Revak at (239) 540-2755 or email crevak12000@yahoo.com.

Activities, Information, and Books

Friends of the Cape Coral Library

General Meeting

Saturday, March 26 beginning at 9:30 AM

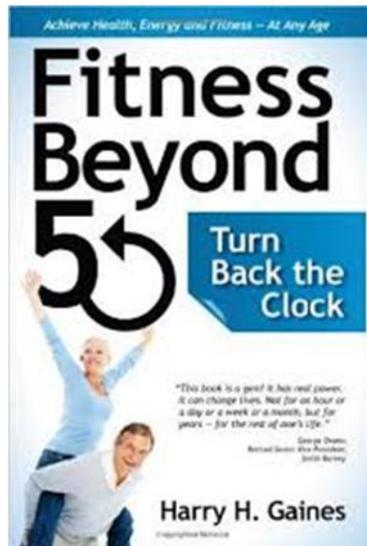
Special Presentation by

Harry Gaines, Author of ***Fitness Beyond 50***

By Crystal Revak

The morning starts at 9:30 a.m. with coffee, juice and snacks. There will be a short business meeting at 10:00 a.m. followed by the topic "Oh the Way You'll Feel: Nutrition and Exercise Habits".

Our special speaker is Harry Gaines, author of ***Fitness Beyond 50***. In a casual interactive talk, Mr. Gaines presents the key components to developing a successful long-term exercise and healthy-eating plan. He will share anecdotes of others like himself who have taken charge of their health by making simple changes, such as dining habits at home and in restaurants, or who have achieved amazing fitness goals, surpassing people half their age.



Mr. Gaines is a retired publishing executive, an active cyclist (logging 5,000 miles per year) and an avid golfer. He writes a regular column for News-Press in Fort Myers that runs in the "Living Well" section. Mr. Gaines is looking forward to his ninetieth birthday when his goal is to celebrate by cycling 90 miles that day. He's celebrated every birthday since turning 70 by cycling his age with friends from all over the U.S.

Fitness Beyond 50 has been featured on "The Doctors," a CBS TV show; "CBS Sunday Morning" in San Francisco; CNN HLN; "Seeking Solutions With Suzanne," a nationally syndicated Comcast show; and numerous radio interviews and newspapers. Signed copies of the book will be available for purchase following the meeting.

Friends of the Cape Coral Library meet in the Large Meeting Room at the Cape Library, 921 SW 39th Terrace, Cape Coral, Florida. For more information, go to www.capefriends.org. That same day, at 1 p.m., the Cape Coral Library will show a "foodie" movie. For title and more information go to www.leegov.com/library/events. Both the FOCCL meeting and the Cape Library movie are free and open to the public.

Notice of Special FOCCL Election

March 26 Annual Membership Meeting

In accordance with the Standing Rules of the Friends of the Cape Coral Library, the FOCCL President made appointments in September 2015 to fill two vacancies on the Board of Directors until a special election could be held. Pat Faucher was appointed as Interim Assistant Treasurer to fill a new position, and Mary Achilles was appointed as Interim Community Services Coordinator to fill the position vacated by Pat Faucher. Since then, both individuals have been fulfilling the responsibilities of their respective positions. A vote will be taken at the March 26, 2016 Annual Membership Meeting to make these appointments permanent until the March 2017 Annual Meeting, when a newly elected Board will be installed.

The Friends welcome the following

New Members

Peter Hujar
Sandy Elkin
Marlene King
Judy Lindhorst
Dorothy and Phil Hopko
Ying Przybyszewski
Patricia Fuschetto

Mary Achilles has generously upgraded her membership and is now a Life Member.

THANK YOU Friends and Library Staff

I want to take this opportunity to thank each and everyone for all your thoughts, prayers, cards, and donations to Hope Hospice during my time of sadness. It's great to know I have such wonderful friends.

Thank you all,

Pam Macabio

For those who don't know, Pam's husband, John, passed away recently.



Eleventh Annual Art Contest Coloring the Earth!

2016



Let's Protect our Florida Black Bears!

THE SCHOOL IS NEITHER ENDORSING NOR SPONSORING THIS EVENT, PRODUCT OR SERVICE, NOR ENDORSING THE VIEWS OF
THE SPONSORING ORGANIZATION

Eleventh Annual Art Contest

The Cape Coral Public Library and the Friends of Cape Coral Library invite children ages 7 to 12 to participate in the **Eleventh Annual Art Contest "Coloring the Earth."** The theme this time is all about our **Florida Black Bears and ways to protect them.** To enter the contest, create an original painting or drawing that shows how we can protect this precious species that call Florida home.

Prizes and Awards Ceremony

Winners will be selected from three age categories: 7-8, 9-10 and 11-12. There will be five awards for each age group with ribbons for 1st, 2nd and 3rd place, as well as for two honorable mentions. The winning works of art will be exhibited in the Gallery at the Cape Coral Public Library for one month. A wildlife expert will be our keynote speaker at the **Awards Ceremony**, to be held on **Wednesday, May 4, 2016 at 6:00 p.m.** at the Cape Coral Public Library, located on 921 SW 39th Terrace.

Contest Rules

- ◆ Open to all children ages 7 to 12. Submit one entry only.
- ◆ Entries should be on a flat medium to heavy-weight art paper size 8.5" x 11". Watercolor, crayons, pencils, color markers and/or any other preferred material may be used.
- ◆ Write on the back of the entry your name, age, and phone number, as well as your grade level, school, **teacher's name** and how you learned about the contest.
- ◆ Visit the following website to learn more about our Florida Black Bears at <http://www.kidsplanet.org/coolstuff/bears/facts.html>
- ◆ Artwork will be viewed and voted on by three recognized local artists, a wildlife specialist and a representative of The News-Press. Entries will be judged based on originality and quality of art. Winners will be notified by phone by April 29, 2016.
- ◆ Participants must pick up their artwork at the library before July 15, 2016.

Deadline

All artwork must be received by 6:00 p.m. on **Monday, April 25, 2016.** The Cape Coral Public Library will have a designated box in the children's area to receive entries. Questions? Please contact Alessia Leathers at alessialeathers@yahoo.com

Gallery Exhibits

Artists on Exhibit in the Cape Coral Library Art Gallery

Brought to you by the Friends of the Cape Coral Library

March 1 to March 31, 2016

Artwork by **Susan Timmons Macintire** will be exhibited on the alcove walls of the art gallery. A Delaware native and Florida resident, Ms. Macintire is an artist who expresses her unique perception of the environment by employing a variety of media. She dabbles in pastels and photography, but excels in oil on canvas. She enjoys exploring new techniques for capturing a wide array of subjects, particularly those in their natural environment. Susan's subjects may include flowers, crustaceans, seascapes, landscapes or portraits. Many of her works in oil are crafted using a palette knife to create texture. She's a member of the Fort Myer's Beach Art Association and several art leagues in Delaware.

Paintings by local artist **Hal Klingler** will be on exhibit in the hallway of the art gallery. Klingler is a member of the Cape Coral Art League and graduated with a Bachelor in Fine Arts degree from the University of Toledo. He'll be presenting a four-part series "Art through the Ages" in the large meeting room of the Cape Coral Library, Tuesdays from 1:00 to 2:00 PM on April 12 & 26 and on May 10 & 24. The program will be an introduction to the appreciation and history of the visual arts and will explore the work of master artists of the past. The program is free, and no registration is required.

The **Southwest Florida Military Museum** will display pillow covers in the Cape Coral Library's art gallery cases. These satiny, sentimental souvenirs from our US military soldiers during WWII stand today as quirky and meaningful reminders of our

nation's past and the lives of the people who served. "To Mother", "To My Wife", "To Sister" some of them say. The pillow covers were sent back home as sweet and consoling tokens of caring during tough times. Many feature images of military machinery, flags, and eagles as well as delicate roses and gentle poetic verse directed to the recipient. The pillow covers often support a particular branch of the military or a tourist attraction. Thank you to the museum, which is located at 4820 Leonard Street in Cape Coral, for sharing these treasures with our library patrons and visitors. Visit www.swfmm.org for more information on the museum's mission and programs.

The display of lovely fused glass by **Patty Arenburg** has been held over from last month due to popular demand. Look for a brand new piece or two that may magically appear in the case over the month. Patty has had a life-long interest in art. Upon retiring several years ago, Patty discovered fused glass and became fascinated by the medium, which continues to amaze her by its beauty. Arenburg's work has been accepted into juried shows at the von Liebig Art Center in Naples, the Art Center of Marco Island and the Cape Coral Art Studio Gallery.

If you missed the display of unique handcrafted cards by **Dona Malone** in February, you're in luck! Examples of her beautiful work will remain in the 2-shelf case until the end of March. Dona will be teaching a hands-on class about making cards on Saturday, May 14 from 1:00 to 2:00 PM at the library. Details to follow in the May issue of Accents.



Handcrafted cards by **Dona Malone**



Painting by local artist **Hal Klingler**

Gallery Exhibits

April 1 to May 6, 2016

ArtPoems, a Southwest Florida collaboration between poets and artists, is celebrating its 10th anniversary this year and will be exhibiting in the library's art gallery during April- National Poetry Month. Twenty-two paintings, each paired with a poem, will be displayed on the gallery walls. The artists are Ava Roeder, Honey Costa, Roy Rodriguez, Scott Guelcher, Beth Everhart, Jaye Boswell, Paul David Adamick, Linda Lally, Jonas Stirner, Kathy Kuser and Paula Eckerty. This year's poets include JD Daniels, Dan Reed England, Joyce Berrian Ferrari, Lorraine Walker Williams, Joe Pacheco, Holly Lee McEntyre, Sid Simon, Linda Hughes, Gary McLouth, Larry Stiles and Sandy Greco.

Reception with Poetry Readings- Wednesday, April 6 from 6:00 TO 7:30 PM

A special reception in conjunction with the **ArtPoems** exhibit will feature readings of the poems inspired by artists and viewing of the artwork inspired by poetry. The event will take place on Wed., April 6 from 6:00 to 7:30 PM. Meet and mingle with artists and poets and enjoy light refreshments in the small conference room just off of the gallery. For

more information on the reception or about the library's art gallery exhibits, call Monica Rahman of the Friends of the Cape Coral Library at (239) 258-2991 or email her at monica4608@comcast.net.

Unique pine needle baskets by **Sandy O'Grady** will be on display in the cases. Ms. O'Grady has been a resident of Punta Gorda since 1999, but was too occupied as a business owner to pursue her creative passion until 2013. While taking time off to nurse her German Shepherd back to health after a rattlesnake bite, she found the need to keep her hands busy. Basketry (on which she had once taken a class) became a perfect outlet. There was an ample supply of pine needles in her yard, and she soon found herself hooked on this art form. Starting with the usual bases of nuts and agates, Sandy has since started creating her own bases. Sometimes she uses shells and other local items in her baskets, preferring to incorporate materials that are native to Southwest Florida whenever possible. Each creation is one of a kind and never duplicated.

Pat Johnson is a distinguished and versatile artist who has taught a variety of classes and workshops both in Southwest Florida and South Dakota. She applied special techniques using alcohol inks to create the beautiful and brightly colored tiles that will be on display in one of the cases.

Invitation

Learn about our Florida Black Bear at Children's Annual Art Contest Awards Ceremony

By Alessia Leathers

Join us to celebrate the eleventh anniversary of our **Children's Annual Art Contest "Coloring the Earth."** The theme this year is about our Florida black bears and ways to protect them.

Lisa Östberg, Defenders of Wildlife Coexistence Coordinator, will be the keynote speaker at the awards ceremony, to be held on **Wednesday, May 4, 2016 at 6:00 p.m.** at the Cape Coral Public Library. Östberg also works as Florida Fish & Wildlife Conservation Commission Bear Response Agent.

Significantly smaller in size than the grizzly bears, our Florida black bears depend mostly on berries, acorns and plants for survival. They also present shorter and non-retractable claws, which allow them to climb trees in search for food and refuge.

This particular species does not truly hibernate when weather conditions remain favorable. "Instead, from late December to late March, black bears have a period called winter denning," observes Defenders of Wildlife. "During this

time, pregnant females give birth in the den and go without food. Males and non-pregnant females will sometimes leave the den for a few weeks at a time."

Our unique Florida black bear is considered an "umbrella species" since the protection of this beautiful mammal benefits a greater number of plant and animal species that share the same habitat.

However, they were removed from Florida's Endangered and Threatened Species List in 2012 and a total of 304 bears were killed in only two days during last year's controversial bear hunt. Their main threat still represents habitat loss due to development and urbanization.

Typically shy and quiet, no predatory bear attacks on people in Florida have ever been reported, according to Florida Fish and Wildlife Conservation Commission (FWC).

Learn more interesting facts about the Florida black bear and how we can coexist with this nonaggressive species that also calls Florida home. Please confirm your assistance by Monday, May 2 to alessialeathers@yahoo.com



Spring Luncheon 2016

Date: Saturday, May 7, 2016
Time: Arrive: 11:30
Lunch Served: 12:00 Noon

Place: House of Omelets
4703 SW 16th Place
Cape Coral, FL 33914
(16th Place is the first street west of Chiquita/Cape Coral Parkway intersection between Circle K and BB&T Bank)

Cost: \$15 per person, inclusive

[\$15 includes your choice of one of the menu options (listed below) plus soft drink/coffee. Tax and gratuity are also included.] Non-members and guests are very welcome; please note the number of people attending on your form and include \$15 for each person.

PLEASE RETURN THIS SECTION WITH PAYMENT BY APRIL 30. THANKS!

Include a check written out to "FOCCL".

MAIL TO: Crystal Revak, Attn: FOCCL Spring Lunch
PO Box 100865
Cape Coral, FL 33910

Questions? Email crevak12000@yahoo.com or call Crystal at (239) 540-2755

MENU CHOICES: Please indicate menu choice on the line preceding the item.

- Reuben Sandwich on rye with cheese and French fries
- Grilled Chicken on Ciabatta bread with cheese and French fries
- Greek Salad with Gyro meat and pita bread
- CCChoice Breakfast (2 eggs/4 bacon or sausage links with potatoes and toast)
- Turkey Omelet (Turkey with mushrooms, spinach and mixed cheese) with potatoes and toast

Your Name: _____ Phone #: _____

Number of People Attending: _____ Amount Enclosed: \$ _____ (\$15 per person)



I would be interested helping Friends of the Library with:

- Events
- Accents
- Book Sale
- Publicity
- Gallery

Use this form to join or **renew** your membership or **change** your address or other contact information.

___New Member ___Renewal ___Change

- Annual Membership (Includes Family*) \$15.00
- Life Membership \$150.00
- Business Membership \$75.00

Name (please print) _____

Phone _____

Street _____

City, State _____ Zip _____

Email Address _____

Do not e-mail newsletter.

(Unless you check the box, this newsletter will be e-mailed to you in the interest of conserving.)

Signature _____

Tell us about yourself:

What is or was your profession/career?

What are you interests/hobbies/passions?

We could use your help with publicity, advocacy, fund raising, and much more. Help us find a "fit" for you [don't be modest]: _____



Meet new friends and be involved in making the Cape Coral Library an interesting and informative place.



P. O. Box 152471
Cape Coral FL 33915